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The month of February not only contains Valentine's Day, it is also National Floral Design Month. With that in mind, we asked Michelle Poppe of Poppe's Posies to share with us a little bit about the topic.

Poppe said that quite often she is asked the meanings of flowers. "As every flower lover knows, flowers have a language of their own. Every sentiment is expressed in one form or another by these delicate blooms." she said. "Of course, even the experts disagree on the *true meaning* of flowers, they all have different meanings to different people."

While all flowers are to convey thoughtfulness and love, Poppe provided us with a few, more traditional meanings of these beautiful buds and blooms.

Rose (red): I love you, I still love you

Rose (white): innocence and purity, I am worthy of you, you are heavenly

Rose (pink): perfect happiness, please believe me

Rose (yellow): friendship.

Tulip (general): perfect lover

Tulip (red): believe me

Tulip (verigated): beautiful eyes

Tulip (yellow): there is sunshine in your smile

Sweet Pea: goodbye, departure, thank you for a lovely time

Spidermum: elope with me

Stephanotis: happiness in marriage

Stock: bonds of affection, you'll always be beautiful to me

Gerbera Daisy: beauty and innocence

Carnation (red): my heart aches for you, admiration

Carnation (pink): I'll never forget you

Carnation (white): sweet and lovely, pure love

Alstromeria: friendship and devotion

Chrysanthemum: you're a wonderful friend, cheerfulness

Poppe said, "The gift of flowers will always create its own personal meaning. Most people think of flowers for special occasions, but what could lift your spirits more than an unexpected bouquet or even a single bloom."

Poppe's Posies would like to wish everyone a Happy Valentine's Day and to remind us all that flowers really do feed the soul.