By Nora Jameson
Staff Writer/Photographer

Wallace natives Shane and Starleen Moore opened 360 LiveFit fitness center on Wallace's main street back on Sept. 15, 2012.

That was followed by the opening of The Spa on Dec. 1, 2012 at the same location. A grand opening was held to introduce the Wallace community and surrounding area to 360LiveFit and The Spa, both located at 205 S. Commercial Ave.

Starleen has been a licensed massage therapist for over 10 years. She has been a fitness instructor for six years. She holds an Associates of Science degree in Human Services. She is also responsible for all the managerial duties of 360 LiveFit and The Spa.

She is blessed to have a full staff of volunteers. Jennifer and Glenn Ledbetter instruct the Agoge Kids Fitness classes and Yoga classes. Stacee DeCent instructs the Silver Sneakers Fitness classes and one-on -one fitness instruction. Jennifer and Stacee also work in The Spa.

Starleen began massaging clients two days a week and instructing fitness classes two to three times a week utilizing three different facilities within the community.

After a lot of prayer and research it became apparent to Starleen that her community needed more than she was able to offer under the original circumstances.

When she's not on the job Starleen enjoys a passion for the outdoors. She also enjoys workout nights with her husband and children.

Shane Moore is a maintenance leader at Gerald Gentleman Station - NPPD. They have two children: Logan, six and Adilynn, three.

360 LiveFit and The Spa are going strong with over 60 fitness members and 21 Agoge members.

"We are very thankful to our community and surrounding area for their support," Starleen said.

More information about 360 LiveFit and The Spa can be found at their website www.360livefit.com