

Region II Human Services is now taking registrations for the "Talking About Alcohol, Drugs and You" alcohol and drug education class. Two sessions will be held on Monday, Oct. 15 and Tuesday, Oct. 16 from 5:30-9 p.m. MT. Participants must attend both nights.

The class will be held at Heartland Counseling, 401 West 1st St. in Ogallala.

"Talking About Alcohol, Drugs and You" is designed to provide information that will help each person reduce the risk for any type of alcohol or drug problem. It will help people understand and accept the need to make helpful changes.

Pre-registration is required. To register or for more information, call the Heartland Clinic at (308) 284-6767.