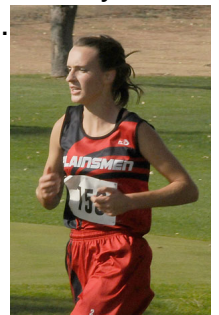


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### By Tim Linscott

*Managing Editor*

Three Lady Plainsmen runners finished in the top 10 at the Perkins County cross country invite on Oct. 10 at Pheasant Run Golf Course, while the boys all showed improvement.



The Lady Plainsmen finished second in the team totals with 33 team points while North Platte St. Pat's was first with 31 team points.

Emily Kemling led PCS with a second place finish (21:49.9) while Courtney Lyon was just behind her with a time of 23:44.8 for fourth place. Kendra Hoffert was ninth overall with a time of 25:28.3.

Korey Lake helped the Lady Plainsmen with a 20th place finish (29:03.2) while Jakelynn Broeder was 24th (30:42.8).

The boys' team placed fourth with 72 team points.

Leading the pack for the Plainsmen was Matthew Sestak with a 19th place finish and a time of 22:32.2. Just behind Sestak was Coy Aerni with a 21st place finish (22:40.34) and Dylan Barry finished 29th (23:18.1).

Sam Rowley came in with a time of 23:43.82 and Tyler Thelander notched a time of 24:13.99. Shane Ourada was 35th (25:25.1) and Dakota Prante 38th (25:45.37).

Districts will be held today (Thursday, Oct. 17) at Chimney Rock Golf Course in Bayard at 2 p.m. MT.

