

Region II Human Services is now taking registrations for the "Talking About Alcohol, Drugs, and You" alcohol and drug education class. The class will be held on Monday, Jan. 21, at 9 a.m. until 5 p.m. MT.

Participants must attend the entire class.

The classes will be held at Heartland Counseling and Consulting Clinic, 401 West 1st St., Ogallala.

Talking About Alcohol, Drugs and You is designed to provide information that will help each person learn realistic ways to reduce the risk of problems related to alcohol and drug use. It will help people understand and accept the need to make helpful changes.

Pre-registration is required. To register or for more information, call the Heartland Counseling Clinic at (308) 284-6767.