

Do you want to get ready for swimsuit season or just want to help benefit the local food pantry?

There is still time to participate in Adams Bank & Trust's "The Biggest Loser Contest." It began April 15 and is running for 10 weeks. It is free and no registration is necessary.

Adams Bank & Trust will donate \$1 per pound lost by participants to the food pantry.

So far, after just three weeks, there has been a combined weight loss total of 158 pounds.

Come to either the Grant or Madrid Adams Bank & Trust location and weigh in weekly.

All weight loss information is confidential.

There are prizes for the top four weight loss participants. So don't hesitate, come in and weigh in today.